

October 2013

Sunday 6th October

9.30 am Holy Communion
11.00 am Harvest Festival

19th after Trinity

Swilland
Otley

Sunday 13th October

9.30 am Holy Communion
11.00 am Time with God
11.00 am Family Service

20th after Trinity

Clopton
Otley
Ashbocking

Sunday 20th October

9.30 am Holy Communion
11.00 am Family Service

21st after Trinity

Otley
Swilland

Sunday 27th October

11.00 am Family Service
6.30 pm Evening Prayer

Bible Sunday

Clopton
Otley

Sunday 3rd November

9.30 am Holy Communion
11.00 am Family Service
6.30 pm Service for All Souls

All Saints

Swilland
Otley
Otley

Other Services in the Benefice

(Every Weds. at 10.30am Holy Communion at Culpho)

October 6th

Grundisburgh

8.00am Holy Communion BCP
11.00am Harvest Festival

Hasketon

9.30am Holy Communion

Burgh

9.30am Holy Communion

Boulge

11.00am Holy Communion

October 13th

Grundisburgh

8.00am Holy Communion BCP
11.00am Holy Communion

Hasketon

11.00am Harvest

Boulge

11.00 Holy Communion

October 20th

Grundisburgh

8.00am Holy Communion
11.00am Family Holy Communion

Hasketon

9.30am Morning Prayer

Burgh

9.30am Family Holy Communion

Boulge

11.00am Holy Communion

October 27th

Grundisburgh

8.00am Holy Communion
11.00am Family Holy Communion

Hasketon

9.30am Family Holy Communion

Burgh

9.30am Morning Prayer

Sunday Bible Readings

6th October : 19 after Trinity

2 Tim 1:1-14, Lk 17:5-10

13th October : 20 after Trinity

2 Tim 2:8-15, Lk 17:11-19

20th October : 21 after Trinity

2 Tim 3:14-4:5, Lk 18:1-8

27th October : Bible Sunday

Is 45:22-end, Rom 15:1-6, Lk 4:9-14

Prayer for the month

May the autumn blessings of God be upon us, in the preserving of the fruitfulness you gave to us this year, in our letting go of the old as the leaves fall to the earth, in our making space where your peace can replenish, as darker days come. May your love mature in us until our final fulsomeness, when we will be plucked and our bodies return to the soil on which we stand, and our souls complete in heaven.

Tess Ward

HOUSE GROUPS The daytime group meets on the 2nd and 4th Mondays of the month at 2.00pm at Penny Clark's house (Cherry Bank, Otley). The evening group meets on the 1st and 3rd Wednesdays at 8.00pm at Karin Upson's (16, Spring Park, Otley). New members are always welcome.

Benefice Diary of Events

Oct 5th Coffee Morning and Harvest Flowers in **Grundisburgh Church** 10.30am – 12noon, 1.00pm – 5.00pm. Ring Pat Fletcher on 735775 for further details.

Oct 5th Messy Church for Harvest @ **Otley Church** from 10-12noon. Families and young people are invited to think about Harvest & God's goodness in a relaxed & informal way. More details from Catherine Beaumont 890264 or Jane Hall 785251.

Oct 6th “Round the world in 1 hour” **St Andrew’s Church Room, Melton**
3.00-4.00pm – A second opportunity to see Clare’s pictures & hear of adventures in China, New Zealand, Rarotonga & California. Tickets from Sue Parr 01394 382643. In aid of Boulge Parish Share.

Oct 6th Enjoy the Harvest Flowers in **Grundisburgh Church** between 1.00pm – 5.00pm. Ring Pat Fletcher.

Oct 7th Beyond Alpha. A highly successful group which gives us the opportunity to discuss more areas of Christian Faith. Meetings held at **Hasketon Village Hall** from 10:30 - 12:00. See more details elsewhere.

Oct 9th Soup & sandwich lunch 11.30-1.30pm – Free entry. **Burgh School Room** Come & enjoy a lunch with a choice of homemade soups, bread, cheese scone or a sandwich. Free tea/coffee. Pay only for your food.

Oct 10th Tiddlywinks Toddler & Parent Group **Grundisburgh Church**
2.30pm

Oct 14th Prayer Group **Burgh School Room** 6.30pm

Oct 14th 2nd Monday House Group 7.30pm at **Malcolm & Sandra Green’s, Karinya, Woodbridge Road, Grundisburgh**. Our first meeting after the break. We will start our discussion of the parables. All welcome. Please contact Robert Fletcher on 735775.

Oct 21st Beyond Alpha

Oct 22nd Introduction to Scrapbooking **Burgh School Room** 10.30am-12.30noon. **8 places only**. Cost £6.00 includes tea/coffee & a pack of papers/trimmings. Bring a favourite photo on the theme of “**Gardens**” & transform it into a lovely page for framing or your scrapbook. Please phone/email Sally on 738877 to book a place.

Oct 23rd Bridge for all levels **Burgh School Room** 7.00pm to 9.30pm. Whether you are new to the game, a bit rusty or an experienced player – come along to meet like-minded people. Tuition will be available.

Oct 24th Tiddlywinks Toddler & Parent Group **Grundisburgh Church**
2.30pm

Oct 28th Prayer Group **Burgh School Room** 6.30pm

Oct 30th Christmas crafts for children. 10.00am to 12 noon **Burgh Schoolroom**. £2.00 includes squash & biscuits. Items made to take home will need to be paid for.

Letter from James Hall INSPIRED BY BELLS

September heard Clopton's church bells ringing again for the first time in several years, providing once more an audible witness to the village that compliments the visual witness of the building itself. Church bells don't just summon the faithful to worship - they tell the whole community that worship is being offered and prayers said on its behalf. As their inscriptions often tell us, the bells are there to give praise and thanks to God and they do it in a public, outward-facing way.

Removing six bells (each weighing half a ton or more) from forty foot up in the tower, repairing and retuning them, and then rehangng them in a new lower frame, is neither cheap nor simple. Seeing it at first hand underlined for me how much care, effort and skill goes into all the work we do to our church buildings. As diocesan registrar, I sign many faculties (permissions for repairs and alterations) each year, but it's not often I get my hands dirty actually implementing the work. It was therefore thoroughly enjoyable and enriching to spend a couple of days as a vey unskilled odd-job boy up Clopton's tower, in February helping prepare for the bells' removal, and more recently helping to rehang them.

One person, Doris Main, provided the inspiration and leadership, but this was a project involving many people, few of them actual bell-ringers - those who gave money, advisers, P.C.C, bell-founders, bell-hangers, tea-makers, cleaners, builders, drivers..... Paid or unpaid, skilled or otherwise, everyone's contribution was valued. I learnt a lot, and not just about bells and bell-hanging. Successful teamwork requires listening, co-operation and a willingness to compromise. Overcoming obstacles, whether physical, financial, or bureaucratic, requires vision, patience and determination.

All of which is, I think, relevant to our calling as God's people in the Carlford benefice, both as individuals and as His Church. However we are involved in the mission of communicating God's love to the

world, we should be like our churches and their bells, a visual and audible witness, working together as living stones and voices for justice. As parts of the Body of Christ, we should each use our different gifts, value those of others and face outwards to the wider community.

James Hall

TWAM Collection

It seems that the good people of the Carlford Benefice have decided not to compete with Bradley Wiggins and Chris Froome on 2 wheels! We collected no less than 21 bicycles and 2 exercise bikes during the TWAM week. Other items donated included 5 sewing machines and various materials, 3 lawn mowers, assorted small tools, a workmate bench, a vacuum cleaner, a set of golf clubs and a Braille machine! We were doubtful whether this last item would be accepted but they welcomed it with open arms as they had received a request for one, from South Africa, only the week before!

TWAM continues to grow and sends much needed equipment, as it is requested, to local charities in Africa. It exports approximately 20 full-sized containers every year. Woodwork tools are among the most requested items along with sewing machines and bicycles. On average 300 bicycles are sent annually so the 21 donated by our Benefice represents 7% of that total! Thank you all for your generous support, which made the whole venture so worthwhile. We will hopefully repeat the exercise in a few years time so between now and then please remember: **DON'T TIP IT - TWAM IT.**

David & Tess Papworth

NEWS FROM THE PARISHES

CLOPTON

The thanksgiving service on September 8th for the dedication of the bells and new bell-frame was a wonderful occasion. The service

was led by Clare and Bishop John Waine and the church was full. Thank you to Otley bellringers for their welcoming ring before the service, a sound that has not been heard in Clopton for many years.

The church was covered in dust on the Friday before the service but thanks to the cleaning skills of Audrey and Chris Barker and Janice Gilbert, the mess was cleared in record time. Sue Emmerson and Charmaine Williams provided the beautiful flower arrangements and by Saturday evening the church looked clean and well-loved once more.

Thank you to all the people who made the delicious refreshments, to Jane Wood for helping and to Fred who played the organ so well. Without the help of the team of hardworking volunteers, Jim Wightman, Pete Raffell, James Hall, John Penny, Phil Embury, David Hayhow, Gerry Gilbert and Chris Mc Arthur we would not have been able to complete the project. They worked in freezing conditions in February to remove the bells and in a heatwave in August to install the frame and rehang the bells. Thanks also to Lee, Olly and Reece Rofix for their skilled use of the forklift to get the bells and all the heavy grillage and frame up the path and into the porch. The time worked by these volunteers totalled over three hundred hours and saved us nearly £7000!!

A film showing some of the work will shortly be on our website at www.cloptonchurch.org.uk

The monthly coffee-morning will be on Wednesday October 16th in the village hall and will be hosted by Brenda Laws and Vanessa Law. Please come and join us between 10am and noon.

Doris Main

Flowers for October
Cleaning

Beryl Birchmore
Doris Main

OTLEY

The village show did not attract so many entries this year, possibly because of the hot dry summer, but new people did take part, which added interest. Attendance was also lower than last year, but the standard of the exhibits was high and there was a good display from the school. Wendy Marshall won the Wyevale Trophy for most points in all sections, and other cup-winners were Anne Robinson for the section for Otley residents, Liz Worsley for garden produce, Wendy Marshall and Geoff Partridge for flowers, Aubrey Tricker for cookery, Wendy Marshall and Phil Whiffing for home brewing, and Wendy Marshall for art and crafts. The family cup was won by the Green family, and Joseph Osborne and Hannah Coles won the children's cups. Well done to everybody. This event requires such detailed administration, so we congratulate and thank the committee and must support them.

The Sponsored Bike Ride for the Suffolk Historic Churches Trust took place on a cool and rainy day and there didn't seem to be many cyclists out on the roads. Sixteen signed in at St. Mary's and riding on behalf of Otley were the Rogersons and James Hall who took the train to Bury St Edmunds and then cycled home, visiting a total of 26 churches. Thank you to him, any riders I have missed, and to everybody who sponsored us.

Otley Bowls Club has some new members - two ladies and three boys who are all receiving coaching – and, to encourage newcomers, the county has recently introduced new competitions for novices and under 16s. Three members, including Pam Kemp, won the Suffolk county 3 wood triples and went on to the national finals event where, sadly, they were knocked out in the semi-finals. A specialist contractor is due to start work on renovating the green, funded by a major award from the district council. The club has also received a surprise windfall from the estate of an ex-member so, with all of this, they have finished the season in very good spirits.

Gardening Club resumes on 7th October when Ric Staines will be speaking about Holistic Horticulture, which includes planting by the phases of the moon! This was originally planned for last year, but was cancelled because of snow. New members are always very welcome at meetings.

The next monthly coffee-morning will take place on Thursday, 10th October at Lavender House, Otley Green, the home of David and Tess Papworth, where Christmas cards for the Otley Church Preservation Trust will be on display, and you can put in your orders.

Congratulations to Edward and Nicky Chilvers who were married here in early September. We wish them much happiness together.

Anyone wanting to order a wreath for Remembrance Sunday should contact Victoria Hook on 890782.

Rose Rogerson

Harvest Festival

This will take place in the church at 11.00 am on 6th October. It will be a traditional service and those attending are encouraged to bring harvest gifts. Fresh produce will be taken afterwards to the Salvation Army and non-perishable items to the FIND foodbank in Ipswich. Immediately after the service a simple lunch of soup and bread, followed by hot desserts will be served in the village hall. Contributions will be very welcome (call Ruth Farnhill - 890543 with offers). This is an important service in our rural community - please come and fill the church !

Foodbank Collection

Collection of food for the FIND foodbank in Ipswich started in church immediately after Easter. Items of food can be brought to a service or simply left in the church at any time, and placed in the basket. The response has been overwhelming and I have been able to deliver a full basket of food to the foodbank almost every week. It goes directly to those in need in the Ipswich area. Thank you all for

your kindness, and please continue to support this Christian-based local charity. If you wish to donate items but cannot get to the church, please give me a call and I will collect from you.

Nigel Crowley

Otley Community Council

Thank you to everyone who helped in any way to make the fete, OtleyFest and the village show so enjoyable, whether as organisers, participants or visitors. Our next events are fireworks on Sat. 9th. November (7 for 7.30pm) and the Christmas dinner-dance on Sat. 7th. December.

Martin Hunt has served as treasurer for a good many years and would like to be replaced. He has made the job much easier by skilful use of the computer and his system works very efficiently. The treasurer's job is not onerous and does not require special skills or training. If anyone is interested in serving the village in this way, please get in touch with Martin (890518) or me (785251).

The village-hall kitchen will be completely refurbished at the end of the month. The work will start on 20th and take about a fortnight. We hope that users of the hall will understand why the kitchen will not be available during that period, although a kettle for hot drinks will be in the bar. We are particularly grateful to Martin and Jane Wright for planning and organising the work, to Chris Taylor for obtaining grants, and to Suffolk Coastal and Awards for All for providing them.

Thank you for your support in whatever form, even if it is just by attending events in the hall or bringing your children to the playing-field.

James Hall

"Times they are a changing"?

Who said "Times they are a changing"? I don't know, but it accurately reflects what is happening to Otley Church's service pattern. For a number of years, you have had a fortnightly pattern of morning service shared across your 4 parishes, which largely

worked well and became embedded. However, research shows us, that if a church is trying to grow, a weekly service, preferably always at the same time (although that isn't always possible), is more conducive to building the church community. It remains crucial that the service pattern meets the needs of all - young and old, those who like traditional worship and those more inclined to a contemporary style.

Over the course of the last 9 months, I have spoken with the PCC, churchwardens, members of the ministry team, and families, and conducted a survey of what would be most helpful to people in enabling them to worship and their faith to grow. The answers were mixed, but it is clear that variety is important. Our new service pattern, which we will test over the next year is:

1st Sundays @ 11.00am – the emphasis will be on families and children – using drama, music and simple liturgy that enables adults and children to be introduced to the Christian faith and take first steps in growing in that faith.

2nd Sundays @ 11.00am – an adult service. The form will vary – it will include quarterly a BCP Communion (as in Sept) to replace the 5th Sunday 8.00am. On other occasions it may be a Taize / Iona service or a guided meditation/workshop, but aimed at adults.

3rd Sundays @ 9.30am. This remains Common Worship Communion.

4th Sundays @ 6.30pm. BCP Evensong

I hope this provides for all worship styles and preferences, and enables people to grow in their faith and in relationship with God. One of the joys of being part of a benefice, is that if your home church is not offering the sort of worship that is right for you on any one Sunday, there will be a service that does somewhere else in the benefice. The variety across the benefice is considerable, the welcome is warm and I look forward to meeting and worshipping with you in Otley and being pleasantly surprised when I meet with you in other places too!

Clare Sanders

Village diary

3rd Oct.	Friendship Club - travel slides with Chris Parfitt
6th Oct.	Harvest Lunch - St Mary's PCC
7th Oct.	Gardening Club - Holistic Horticulture
17th Oct.	Friendship Club - Queen Mary 2, by John Jay
31st Oct.	Friendship Club - Mystery tour with Tony Soames
9th Nov.	Fireworks Evening - Community Council

Church flowers:

Harvest – everyone/Helen Jay

Church cleaning:

Mary Hunt/Ruthie Bullock

Brasses:

Karin Upson

Otley Church Sidepersons Rota

6 th October	11am Harvest Festival	Churchwardens
13 th October	11am Family Service	David Papworth
20 th October	9.30am Holy Communion	Karin Upson
27 th October	6.30pm Evening Prayer	Peter Rogerson

SWILLAND

Our barbecue at Mill House on 31st August was a great success, both as a village social event and a fund-raiser for our Tower and Organ Appeal. We would like to thank Jane and Kneezoo Visram very much for allowing us to have this event in their garden which was a lovely venue. Thanks to Jane Hall for all her help, to Peter and Kay Whiley for organising the barbecue, to Rik and Julia Middleton for organising and running the tombola, to Katie Hall for helping, and particularly to Ann Rose for masterminding the whole event. Several other people also helped with the erection of the party tent and with various other jobs - many thanks to them too. We raised over £400, which was wonderful.

Thanks to all the fundraising, donations and grants, we can now go ahead with the repairs to the church tower and a faculty has been applied for. Future fundraising will be for the organ.

I went to Clopton's bells service - it was wonderful to hear them ringing again as we parked the car. From Swilland we would like to

congratulate Doris, her family and the rest of Clopton PCC for this wonderful achievement. Doris has been a great inspiration to us here in our own fundraising.

Only 5 cyclists visited Swilland church for the SHCT Bike ride - Gill Reidy was our sole cyclist and she visited an amazing 30 churches.

Our harvest festival was on 15th September. We had a good congregation of 20 and lots of harvest produce, which will be taken to West Villa, the hostel for the homeless in Ipswich, where it is always very gratefully received. Thank you to all those who helped decorate the church and brought the produce.

Ann Kent

Church Flowers

29th Sept - 6th Oct

13th - 20th Oct

27th Oct - 3rd Nov

Jackie Williams

Gill Reidy

Kim Shaw

Rainfall – August

All good things come to an end, and our summer, which we can call a summer this year, came to an end almost overnight. August was mainly dry apart from about half an inch of rain on the 23rd, a short spell of settled weather followed this and it was then that I saw a Roger, the first I have seen for quite a few years. A Roger, for those who are unfamiliar with the term, is a miniature whirlwind that occurs on a calm, warm day, usually at haymaking or harvest time. If there is loose hay or straw in the field this whirlwind can carry it up into the air in a circular motion to a height of 30 or 40 feet. It travels across the field at a fast walking speed and spreads the hay or straw in about a 10 foot width in its wake - very annoying if it has just been rowed up ready for baling. I don't know where the name Roger came from, but it has been used to describe this phenomenon for as long as I can remember and usually foretells a spell of settled weather.

Russell Ling

Otley Hall Quiet Day Programme

Wednesday 9th October Jane Hall - 'Journey to the Borderlands' – a chance to open our eyes to beauty and wonder and explore how we can live in the presence of God through the example of Celtic Saints.

Wednesday 23rd October Jackie Sears - 'God's revelation of himself in creation, scripture and the human heart'. Reflection on the Psalms.

All days run from 10am – 4pm and cost just £20. This includes refreshments throughout the day and a buffet lunch. To book a place please contact Karen on 890264.

'Beyond Alpha' – Autumn 2013 What does the Bible really say about . . . ?

The fifth run of this highly successful group gives us the opportunity to discuss more areas of Christian faith at five meetings held at **Hasketon Village Hall** from **10:30 - 12:00**.

Sessions are fortnightly - Monday Oct 7th, 21st; Nov 4th, 18th; Dec 2nd.

The meetings will be facilitated by Revd Wendy Gourlay. Tea and coffee will be available. All are welcome, with or without Bible knowledge.

Session One – October 7th

Holy Bible – The 'Inspired Word of God': What does this mean? How was it decided which texts became The Holy Canon? Should the Apocrypha be included?

Session Two – October 21st

Salvation – Saved from or for what? Who can inherit the 'new' earth? Is it about 'after-life'?

Session Three – November 4th Paul – his character and work - What do we know about him? How was he financed? Who were his companions? Why is his writing controversial?

Session Four – November 18th

The Sanctity of Life – What is the Bible view of Abortion; Suicide; Euthanasia?

Session Five – December 2nd

The Kingdom Parables - What did they mean to the original listeners? What meaning do they have for us? So what is the Kingdom?

If you haven't attended a session yet, why not join us this Autumn?

Enquiries: Paul (Beyond Alpha) on: 738474 or paulwiffen222@btinternet.com

SMILE LINES

Four worms - A minister decided that a visual demonstration would add emphasis to his Sunday sermon. Four worms were placed into four separate jars. The first worm was put into a container of alcohol. The second worm was put into a container of cigarette smoke. The third worm was put into a container of chocolate syrup. The fourth worm was put into a container of good clean soil.

At the conclusion of the sermon, the Minister reported the following results: The first worm in alcohol . . . dead. The second worm in cigarette smoke . . . dead. Third worm in chocolate syrup . . . dead. Fourth worm in good clean soil . . . alive. So the minister asked his congregation, "What did you learn from this demonstration?"

There was silence, until one farmer at the back hazarded: "As long as you drink, smoke and eat chocolate, you won't have worms?"

Love letter - An advert appeared in the student newspaper of the university:

Sweet little old lady wishes to correspond with university student – seeks six-footer with brown eyes answering to initials J.A.D.

Signed, his mother.

Dead cow - A farmer was trying hard to fill out an extensive and complicated railway company claim sheet for a cow that had been killed on the track. Finally he came down to the very last item: 'Disposition of the carcass.'

After puzzling over the question for some time, he wrote: "Kind and gentle."

The healing power of laughter – a thought for 18 October, feast day of St. Luke the physician.

The health benefits of laughter have become widely recognised in recent years. People feel less pain after a good laugh because (research suggests) it releases chemicals that act as a natural pain-killer. Physical benefits of laughter have been found to include a drop in stress hormones and less risk of heart disease. Mental and social benefits include less anxiety and stress, improved mood and enhanced group bonding.

Humour helps us to keep a positive outlook in difficult situations, disappointments and loss. More than that, laughter gives us the courage and strength to find new sources of meaning and hope. It really is contagious – just hearing laughter primes your brain and readies you to smile. It dissolves distressing emotions. You can't feel anxious, angry or sad when you are laughing.

Humour gets you out of your head and away from your troubles. Infants begin smiling during the first weeks of life and laugh out loud within months of being born. But you can learn to laugh at any stage of life. Smiling is the beginning of laughter. It can help to set aside special times to seek out humour and build from there. Pay attention to children and emulate them. They are experts on playing, taking life lightly and laughing.

The old advice to “count your blessings” will distance you from negative thoughts. When you hear laughter, move towards it. Share your embarrassing moments. The best way to take yourself less seriously is to talk about times when you took yourself too seriously.

There are now hundreds of not-for-profit laughter clubs world-wide, including many in the UK.



St IGNATIUS

feast day October 17th

Born in Syria, Ignatius converted to Christianity at an early age and eventually became bishop of Antioch. A tradition arose that he was one of the children whom Jesus had taken in his arms and blessed. Ignatius called himself 'God Bearer'.

Ignatius is responsible for the first known use of the Greek word 'katholikos' meaning universal and whole to describe the church, he wrote: "Wherever the bishop appears, there let the people be; as wherever Jesus Christ is, there is the Catholic Church.

In the year 107, the Roman Emperor Trajan visited Antioch and forced the Christians living there to choose between death and denying Christ. Ignatius would not deny his Lord and so was condemned to be put to death in Rome.

Ignatius bravely met the lions in the Circus Maximus in Rome; dying and living as a witness to his belief.

LIONS in the BIBLE

Not just in the arena in Rome, there are quite a few lions mentioned in the Bible...

1. An angel shut the lions' mouths so that they couldn't eat him (Daniel, chapter 6)
2. Who will lead the lion, wolf, lamb, goat and calf? (Isaiah, chapter 11)
3. He killed the lions or bears that threatened his father's flocks (1 Samuel, chapter 17)
4. Who is like a roaring lion looking for someone to eat? (1 Peter, chapter 5)
5. He killed a lion on a day when it had snowed (2 Samuel, chapter 23)
6. The first creature was like a lion, what were the 2nd, 3rd and 4th creatures like? (Revelation, chapter 4)



On which day do lions eat people?

Chewsday.

What did the lioness say to her cubs when she taught them to hunt?

'Don't go over the road till you see the zebra crossing.'



1. Daniel 2. A little child 3. David 4. the devil 5. Benaiah, son of Jehoiada 6. A calf, a face like a man and a flying eagle.

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